

Fukushima Prefecture Wide Area Cycling Route 《Aizu area》

■ themes and stories

A route connecting Aizu symbols with local cuisine

You can visit Aizu's symbols such as Tsuruga Castle, Mount Bandai, and Lake Inawashiro, which are areas that still bear traces of the history of the late Edo period. In addition, the area is full of fascinating history, scenery, and food, with beautiful and mysterious natural scenery such as Lake Hibara and Mount Bandai at its center, centered around the Goshikinuma Lakes, which has been certified by the Michelin Green Guide. There is also a wealth of local delicacies, such as Kitakata ramen and sauce katsudon.

■ Total route length: Approximately 227 km

